



3RD GHA-SCAI

SHOCK MIDDLE EAST

KUWAIT-JAN 9-10, 2026

Welcome to the 3rd GHA-SCAI Shock Middle East Meeting

It gives us great pleasure to welcome you to the 3rd annual Gulf Heart Association (GHA)-Society for Cardiac Angiography and Intervention (SCAI) Shock Middle East meeting (GHA-SCAI Shock Middle East). The GHA and SCAI have collaborated to create an impactful and high-quality scientific meeting, dedicated to improving outcomes in cardiogenic shock.

In this meeting, we share insights and state of the art care on one of cardiology's deadliest disease states. Despite numerous advancements within the field, cardiogenic shock continues to be a challenge for the cardiology community and clinicians caring for these critically ill patients. We bring together leaders throughout the world in the fields of emergency medicine, cardiology, heart failure, critical care, and surgery to help programs in the region establish and build their cardiogenic shock teams and systems of care.

Optimal cardiogenic shock care requires prompt recognition and early intervention to stop the rapid and deadly cascade of cardiogenic shock. This year we have enhanced our program to include emergency response teams who are at the forefront of early shock care. Similarly, we know that shock survivors, often require expertise of care from cardiac surgeons for advanced therapies such as ventricular assist devices or heart transplant, hence we have also enhanced our program with more participation from our surgical colleagues. We have also created several specialized workshops that deal with the different aspects of care for patients with cardiogenic shock including workshops on advanced hemodynamics, Impella, ECMO, and large bore access. In addition, there will be industry sponsored symposia.

After Dubai and Riyadh, Kuwait is the venue for the 3rd annual meeting. Attendees will be able to enjoy Kuwait's beautiful weather in January and the hospitality of its people. We would like to thank all the faculty who have accepted our invitation and we would like to thank all the attendees who will contribute to the success of this event.

Meeting Directors



Prof. Mohammad Zubaid
Meeting Co-Chair



Dr. Babar Basir
Meeting Co-Chair

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Committees

Local Scientific Committee




Fahad Alhajri
Chair of the Scientific Committee





Abdullah Esmaili




Awad Al-Qahtani
MB, ChB, FRCP(C), FGHA




Fawaz Bardooli
MD MRCP




Rasha Al-Bawardy
MD, FSCAI




Ahmad Alkharaza
MD, MRCP, ABIM, FRCPC


GHA Shock Working Group Members



Mohammad Zubaid
Working Group Chair




Abdullah Esmaili





Ahmad Alkharaza




Ali Alsulaimi




Awad Al-Qahtani




Fahad Alhajri





Fahad Alkindi




Fawaz Almutairi




Fawaz Bardooli




Jassim Al Suwaidi




Rasha Al-Bawardy




Waleed Alharbi


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The Scientific Program

DAY 1 - Workshops

Friday, January 9, 2026

01	08:00 AM 12:00 PM	For Physicians TEACH workshop	Daniel Burkhoff
-	12:00 PM 02:00 PM	Lunch & Registration	—

Group A

02	02:00 PM 03:00 PM	Alternative Access (Trans-Caval & Axillary)	Babar Basir Pedro Villablanca
03	03:00 PM 04:00 PM	ECMO/distal perfusion	Intensivist
04	04:00 PM 05:00 PM	Impella	Federico Pappalardo

Group B

05	02:00 PM 03:00 PM	Swan-Ganz 101	Bader Al-Ayyad
06	03:00 PM 04:00 PM	IABP troubleshooting	Abdulhameid Alfaddagh

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DAY 2 - Sessions

Saturday, January 10, 2026

-	07:30 AM 09:00 AM	Registration opens	—
01	09:00 AM 09:05 AM	Introductory remarks - GHA	Mohammad Zubaid
02	09:05 AM 09:10 AM	Introductory remarks - SCAI	Babar Basir
Session 1: Overview of Cardiogenic Shock Moderator: Fawaz Almutairi Panelists: Fahad Alkindi, Abdullah Esmail, Jassim Alsuwaidi, Fayaz Khan, Huda Alfoudari			
01	09:10 AM 09:15 AM	Prevalence of shock in Kuwait	Mohammad Zubaid
02	09:15 AM 09:30 AM	Cardiogenic Shock Phenotypes	Daniel Burkhoff
03	09:30 AM 09:40 AM	Early Recognition of Cardiogenic Shock	Abdulrahman Arabi
04	09:40 AM 09:50 AM	Hemodynamics & Use of PA Catheter	Ali Abualsaud
05	09:50 AM 10:00 AM	Complication Mitigation in the ICU	Federico Pappalardo
06	10:00 AM 10:10 AM	Discussion	—

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DAY 2 - Sessions

Saturday, January 10, 2026

Session 2: Cardiogenic Shock: A Diagnosis with Many Faces Moderator: Khalid Almerri Panelists: Abdullah Alenezi, Babar Basir, Fahad Alhajri, Awadh Al-Qahtani, Mohammed Javad Alemzadeh-Ansari			
10:10 AM 10:55 AM			
01	10:10 AM 10:25 AM	Shock Sceario #1	
02	10:25 AM 10:40 AM	Shock Scenario #2	Facilitated By Khalid Almerri & Abdullah Alenizi
03	10:40 AM 10:55 AM	Shock Scenario #3	
-	10:55 AM 11:05 AM	Break	—
Session 3: Different Flavors of Cardiogenic Shock Moderator: Federico Pappalardo Panelists: Ali Alsulaimi, Essa Althahri, Mohammad Shamsah, Mousa Akbar, Saeid Hosseini, Mubarak Aldosari			
11:05 AM 12:30 PM			
01	11:05 AM 11:20 AM	LAVA-ECMO in Valvular Heart Diseases	Pedro Villablanca
02	11:20 AM 11:35 AM	Revascularization in AMI Cardiogenic Shock	Mohammad Almohammadi
03	11:35 AM 11:50 AM	What the 2025 ACS Guidelines Mean for MCS in Cardiogenic Shock	Waleed Alharbi
04	11:50 AM 12:05 PM	Surgeon's perspective of Cardiogenic Shock	Riyadh Al-Tarrazi

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11:05 AM 12:30 PM			
05	12:05 PM 12:20 PM	Early ECPR use in the Emergency Room	Mohammad Fakhraldeen
06	12:20 PM 12:30 PM	Discussion	—
Industry Symposium: ATC Moderator: TBD Panelists: TBD			
12:30 PM 01:00 PM			
01	12:30 PM 01:00 PM	ATC Symposium TBD	Panelists
-	01:00 PM 01:40 PM	Lunch Break	—
Session 4: Hot Takes: Rapid Fire SHOCK topics Moderator: Babar Basir Panelists: Daniel Burkhoff, Pedro Villablanca, Abdullah Ismaili, Mohammed Alhijji, Fareed Alhuzali			
01:40 PM 02:55 PM			
01	01:40 PM 02:40 PM	Scenarios of Shock: Discussion of Management Strategies	Panelists
02	02:40 PM 02:55 PM	Future directions in shock treatment	Babar Basir
-	02:55 PM 03:10 PM	Break	—

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Session 5: Shock Cases From the Real World Moderator: Fawaz Bardooli Panelists: Rasha Albawardi, Ahmed Alkarrazah, Hatim Alalawi, Abdulrahman Asiri, Mohammad Al-Turki			
03:10 PM 04:30 PM			
01	03:10 PM 03:30 PM	Case #1	—
02	03:30 PM 03:50 PM	Case #2	—
03	03:50 PM 04:10 PM	Case #3	—
04	04:10 PM 04:30 PM	Case #4	—
Industry Symposium: Medvision Moderator: Ahmad Alshatti Panelists: Abdullah Esmail, Yahya Alansari			
04:30 PM 05:25 PM			
01	04:30 PM 04:45 PM	Pulmonary Embolus: A New Approach	Mohammad Shamsah
02	04:45 PM 05:10 PM	Our Toolbox with Case-Based Scenarios	Abdullah Esmail
03	05:10 PM 05:25 PM	Discussion	—
04	05:25 PM 05:30 PM	Closing Remarks	Mohammad Zubaid

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